Summer Ideas for the Catholic Family

Summer is the season that heralds barbecues and all day swimming, but many Catholic families aren’t entirely sure how to encourage old-fashioned family bonding time without the intrusion of technological devices. Go back to nature - contemplate the beauty, wonder and simple riches that God created for us to use and enjoy. The point is that you do not have to spend countless hours or thousands of dollars to create lasting impressions with your spouse, children and grandchildren. God provided the landscape for us to connect with Him and with each other. All we have to do is create the moments.

Reconnect With Nature
1. Visit a state park - State parks are those family hot spots that are affordable locations to create family memories. They are usually clean and provide ample space to experience the holy leisure that summer provides. Activities include camping, swimming, canoeing, nature hikes, and visiting nature centers.
2. Go stargazing - Take a drive in the country on a clear night to watch the stars. Pondering the immensity of the cosmos in relation to our miniscule presence on earth is another gateway into conversation about God’s vastness and our gratitude for the nite sky.
3. Have a picnic - Pack a picnic lunch and head to a neighborhood playground. It’s simple enough to throw together on a whim and it’s a great way to get the kids outside.
4. Go birdwatching - Trips to zoos, museums and state parks can trigger an interest in ornithology. Give your grandchildren/children a pair of binoculars and a bird identification book. Look up colorful birds that they have seen and identify them by their songs.
5. Visit the Zoo - Who doesn’t like the zoo? Zoos have indoor museums with activities and crafts. Animal shows will keep the kids occupied for hours. Pack a picnic lunch to take with you!
6. Make a campfire - You don’t have to be camping to build a campfire. Gather fallen branches and build your own. Invite the kids to roast hot dogs and marshmallows.

Reconnect With Your Faith
1. Visit a Shrine - There are many accessible places all over the country that you can visit for a day of prayer and pilgrimage. Take your family on a road trip to discover the holy places near you.
2. Build a Mary garden - Prayer gardens allow a person time to contemplate, pray and meditate. Mary gardens should include flowers named after Mary. You can add special touches like benches and statues. Once it is complete pray a family rosary.
3. Make a time capsule - Everyone likes the idea of burying treasure and opening it up years later. Collect photos, holy cards, favorite prayers or Bible verses, fond memories, and other trinkets to include in your time capsule.
4. Create a scavenger hunt - Most Catholic scavenger hunts can be adapted for outdoors by hunting for medals of saints, holy cards, or little figurines you have buried or hidden outside.

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VOTIVE LIGHTS
We have one Votive Light available if you would like to remember your loved ones in a special way. Please stop in or call the Parish Office if you are interested.

What can I do to help others?

SUNDAY MISSAL ~ LIVING WITH CHRIST 2019-20

It is once again time to order your Sunday Missals for the coming year.

NAME_______________________________________
ADDRESS_____________________________________
PHONE # ________________________________
SUNDAY MISSAL QUANTITY_____X $4.00 each   =  $_______ enclosed with order

Please make checks payable to Sacred Heart - Oelwein

ORDERS MUST BE RECEIVED IN THE PARISH OFFICE BY 1pm on Monday, July 29th so that the books can be ordered from the publisher before the deadline for this reduced price offer.
Father is on vacation from July 17th to July 30th. There will be NO Masses during the week at SH or IC while he is gone.
Mass Intentions that were scheduled during these 2 weeks have been moved to the next available date.
If a priest is needed during this time, please call Deacon Jim at 319-509-1210.

**SCHEDULE & INTENTIONS**

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<th>Location</th>
<th>Service Type</th>
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<td>IC</td>
<td>Mass</td>
<td>For the People</td>
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<td></td>
<td>10:30am</td>
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<td>Mass</td>
<td>Norene Erpelding</td>
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<td>ERWIN</td>
<td>Mass</td>
<td>&quot;Ollie&quot; Fratzke</td>
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<td>IC Don, Ramona &amp; Josh Menuey</td>
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**SACRED HEART SCHOOL NEWS**

**Head Cook - 30 hours per week**
**Preschool/School Associate - 20-30 hours per week**
Contact Julie Woods at: jwoods@sh-oelwein.pvt.k12.i-a.us
Send letter of interest and resume

We are happy to announce our Teaching Staff for the 2019-2020 school year. It will be an exciting year for everyone!!! Classes begin Friday August 23rd.

Online Registration for all Sacred Heart Students is available on Power School. We will also be at school on Wednesday, August 7th from 12 noon until 6pm and on Thursday, August 8th from 9am until noon to help get students registered. If these times are inconvenient for your family, just stop in or call the school and we will get your students registered.

The 1st Parent Club Meeting will be held on Thursday, August 1st, at 6pm in the school parish hall. All parents and guardians are welcome to attend to help us plan for the upcoming school year. This group has been a positive supporter of our students and their educational needs. Please plan to join us for this meeting.

**SACRED HEART SCHOOL NEWS**

**Grandparenting: Leaving a Legacy of Faith**

Calling All Grandparents: All grandparents are invited to a day to celebrate the important role of Grandparenting in family life. Connect with other grandparents and hear from dynamic speakers on how to leave a legacy of faith for your children and grandchildren. The day will include Mass with Archbishop Jackels, lunch and more. Saturday, August 24th, from 9am to noon.

**Calling All Grandparents:** Your participation is important to the development of our children and grandchildren. The day will include Mass with Archbishop Jackels, lunch and more. Saturday, August 24 - 9am to 2pm, St. Mary's Church, 2700 Horton Road, Waverly Iowa.
Questions call 800-876-3546-ext. 233. Register at www.DBQArch.org/Events

**Father Ray Atwood, Pastor**
**Deacon Jim Patera**
Parish Center (Mail) - 600 1st Avenue SW
Oelwein IA 50662
Parish Offices - 319-283-3743 (closed on Fridays)
Parish Email: parish@shsacredheartoelwein.com
Fr. Atwood Email: DBQ151@dbqarch.org
Rectory Phone: 319-283-9577
Deacon Jim Phone: 319-509-1210
Website: www.sacredheartoelwein.com

**ASK FATHER**

**Question:** Why do we recite the Litany of the Sacred Heart at Mass?

**Answer:** A litany is a form of communal prayer, in which two sides recite brief invocations back & forth. The litany of the Sacred Heart is recited at Sacred Heart because the feast is during the month of the Sacred Heart, and it is recited at Sacred Heart Parish because that is our patron. It is a fitting post-Communion reflection. It is also a means of teaching this prayer to God's people.

Questions to Ask Father can be left in the wooden box at the east entrance of church or emailed to: AskFather600@gmail.com or find us on Facebook.

**SCROLL DOWN to read more...**

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